









# NOTTINGHAM & EDINBURGH

# MARCH 2020



## Legend

- (CF) Café
- (C) Chapel
- (FR) Fitness Room
- (4) 4th Floor Activity Area
- (3) 3rd Floor Activity Area
- (EAA) Ellington Activity Area
- (CC) Community Centre
- (BCY) Courtyard

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10:00 Coffee Time (3) 10:30-11:30 Fitness Room Exercises (FR) <b>11:00 Documentary: "Seeing Canada EP I- Inuit Culture" (4)</b> <b>2:00 Chapel Service with Pastor Mike (C)</b> <b>2:45 Specialty Coffee Hour \$4.00/coffee with alcohol (CF)</b>	9:15 Simply Stretch (4) 10:00 Catholic Communion (4) 10:00 BINGO (3) 11:00 Bookmobile (CF) 11:00 Geography Bee (4) <b>1:30 Rick Steve's Presents "Edinburgh" Travelogue (4)</b> 2:15 Guided Meditation (3) <b>3:15 Tea With Friends (4)</b> 6:00-7:00 Fitness Room Exercises (FR) <b>6:30 Piano Hymns with David (4)</b>	9:30 I Remember Better When I Paint Art Class (4) 10:30 Bible Study with Pastor Mike (4) 10:30 St Andrews Communion (C) 2:00-3:00 Fitness Room Exercises (FR) <b>2:00 Piano Hymns with Cora (4)</b> 3:30 Crokinole (3)	9:30 Dominos (4) 10:00 Spiritual Fellowship With Pastor Mike (3) <b>1:30 Blood Pressure Clinic (4)</b> 2:15 VON Physio Exercises (4)  <b>3:15 Tea with Friends (4)</b> 6:00-7:00 Fitness Room Exercises (FR)	9:15 Name That Tune (4) 10:15 Crosswords (3) 11:00 Mini Putting (4) <b>2:00 Accordion Music with Gary (CC)</b>  3:30 Table Tennis (CC) 6:00-7:00 Fitness Room Exercises (FR)	<b>10:00 Documentary "Night on Earth- EP I Moonlit Plains" (4)</b> <b>11:45 Lunch Outing to The Symposium Café (Rescheduled) (Sign Up)</b>  <b>3:15 Tea with Friends (4)</b>	9:00-10:00 Fitness Room Exercises (FR) <b>9:30 Morning Movie (4) Feature Movie: Lord of the Dance Irish Dancing</b>  <b>2:00 Guelph Chamber Choir (CC)</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
 10:15 Balloon Volleyball (3) 10:30-11:30 Fitness Room Exercises (FR) 11:15 Musical Reminiscing (4) <b>2:00 Chapel Service With Pastor Mike (C)</b> <b>2:45 Specialty Coffee Hour \$4.00/coffee with alcohol (CF)</b>	9:15 Name 6 (4) 10:00 Catholic Communion (4) 10:00 Yahtzee (3) 11:00 Bookmobile (CF) <b>11:00 Food Committee Meeting (4)</b> 11:00 Walks & Strolls <b>11:00-3:00 EZ Fit Shoe Sale (CC)</b> 1:30 Jeopardy (4) <b>1:30 Butterfly Conservatory Outing (Sign Up)</b> 2:30 Short Stories (3) <b>3:15 Tea with Friends (4)</b> 6:00-7:00 Fitness Room Exercises (FR)	9:30 I Remember Better When I Paint Art Class (4) <b>9:45 Royal Bank (Ellington)</b> 10:30 Bible Study with Pastor Mike (4) 10:30 St. Andrews Presbyterian Comm. (C) 11:00 Crosswords (3) <b>2:00 Resident Council Meeting (4)</b> 2:00-3:00 Fitness Room Exercises (FR) <b>3:30 Rooster Visits (4)</b>	<b>8:00 Breakfast Club (Sign Up)</b> 9:30 VON Physio Exercises (4) 10:00 Spiritual Fellowship With Pastor Mike (3) <b>2:00 Irish Traditions (CC)</b>  6:00-7:00 Fitness Room Exercises (FR)	9:15 Alphabet Challenge (3) <b>10:00 Music &amp; Rhythm with Krystyna (4)</b> 11:15 Balloon Volleyball (3) 1:30 Word Scrambles (4) <b>1:30 Art Gallery of Guelph Outing (Sign Up)</b> 2:30 Billiards (GR) 3:15 Cafe Mocha Social (4) 6:00-7:00 Fitness Room Exercises (FR) <b>6:30 Pub Night with Wally Maggs (CF)</b>	<b>10:00 Documentary "Night on Earth- EP II Frozen Nights" (4)</b> <b>2:00 The Young Guys Concert (CC)</b>  <b>3:15 Tea with Friends (4)</b>	9:00-10:00 Fitness Room Exercises (FR) 10:15 Walks & Strolls (3) 11:15 Spelling Bee (4) <b>2:00 Movie Matinee Showing: "The Greatest Showman"</b> 



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="right"><b>15</b></p> <p>10:15 Artist Corner (3) 11:15 4 Pictures 1 Word (4) 10:30-11:30 Fitness Room Exercises (FR) <b>2:00 Chapel Service with Pastor Mike (C)</b> <b>2:45 Specialty Coffee Hour \$4.00/coffee with alcohol (CF)</b></p> 	<p align="right"><b>16</b></p> <p>9:15 Simply Stretch (4) <b>10:00-2:30 Stars of Modern Jewelry Sale (CC)</b> 10:00 Leprechaun Hat Craft (3) 11:00 Bookmobile (CF) 11:15 You be the Judge (4) 1:15 Poaching Apples with Brandon (3) 2:30 Table Tennis (CC) <b>3:15 Tea with Friends (4)</b> 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>17</b></p> <p align="center"><b>Happy St. Patrick's Day</b></p> <p>10:30 Bible Study with Pastor Mike (4) 10:30 St Georges Communion (C) <b>2:00 St Patrick's Day Happy Hour with "A Record Day" (CC)</b> 2:00-3:00 Fitness Room Exercises (FR) 4:00 Card Games (4) <b>6:45 Rotary Bingo (CF)</b></p>	<p align="right"><b>18</b></p> <p>9:30 I Remember Better When I Paint (4) <b>10:00 Roman Catholic Mass (C)</b> 11:00 Crokinole (3) <b>1:30 City Drive Bus Tour with Commentator (Sign Up)</b> 1:30 Travelogue (3) 2:15 VON Physio Exercises (4) <b>3:15 Tea with Friends (4)</b> 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>19</b></p> <p align="center"><b>hello Spring!</b></p> <p>9:15 Exercises With Brandon (4) 10:00 Charades (3) 11:00 Wheel of Fortune (4) 1:30 Creative Corner (3) 2:30 Ladderball (4) 3:30 Spelling Bee (3)</p>  <p>6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>20</b></p> <p><b>9:00-12:00 Sew on the Go (CF)</b> <b>Dog Day Stella is Back Visiting!</b></p> 	<p align="right"><b>21</b></p> <p>9:00-10:00 Fitness Room Exercises (FR) 10:00 Baking (3) <b>1:45 Movie Matinee Showing: "The Two Popes" (4)</b></p> 
<p align="right"><b>22</b></p> <p>10:00 Coffee Time (3) 10:30-11:30 Fitness Room Exercises (FR) <b>11:00 Documentary: "Seeing Canada EP II- Nova Scotia, Newfoundland &amp; Labrador" (4)</b> <b>2:00 Chapel Service with Pastor Mike (C)</b> <b>2:45 Specialty Coffee Hour \$4.00/coffee with alcohol (CF)</b></p>	<p align="right"><b>23</b></p> <p>9:15 It's Poetic (4) 10:00 Catholic Communion (4) 10:15 Wii Bowling (3) 11:00 Bookmobile (CF) 11:00 Uno Card Game (3) 1:15 Billiards (GR) 2:15 Sing Along (3) <b>3:15 Café Mocha Social (4)</b> 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>24</b></p> <p>9:30 I Remember Better When I Paint Art Class (4) 10:30 Bible Study with Pastor Mike (4) 11:00 BINGO (3) 2:00-3:00 Fitness Room Exercises (FR) <b>2:00 Voices of Praise Concert (CC)</b></p> 	<p align="right"><b>25</b></p> <p>9:30 Crosswords (4) 10:00 Spiritual Fellowship With Pastor Mike (3) 11:00 VON Physio Exercises (4) <b>2:00 Birthday Party with The Puslinch Squires (CC)</b></p>  <p>6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>26</b></p> <p>9:30 Morning Stretches with Brandon (4) 10:15 Coffee Time (3) 11:15 Hymn Sing (4) <b>2:00 Art Gala for "I Remember Better when I Paint" Program (CC)</b></p>  <p>3:30 Table Tennis (CC) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>27</b></p> <p><b>9:00-11:00 Hearing Clinic (CC)</b> <b>10:00 Documentary: "Babies Ep 1- Love" (4)</b> <b>2:00 New Horizons Band (CC)</b></p>  <p><b>3:15 Tea with Friends (4)</b></p>	<p align="right"><b>28</b></p> <p>10:00 Alphabet Challenge (3) 9:00-10:00 Fitness Room Exercises (FR) 11:15 Current Events (4) <b>2:00 Movie Matinee Showing: "Wonder" (4)</b></p> 
<p align="right"><b>29</b></p> <p>10:15 Artist Corner (3) 10:30-11:30 Fitness Room Exercises (FR) 11:15 Word Connect (4) <b>2:00 Chapel Service With Freedom House (C)</b> <b>2:45 Specialty Coffee Hour \$4.00/coffee with alcohol (CF)</b></p> 	<p align="right"><b>30</b></p> <p>9:15 Trivia (4) 10:00 Catholic Communion (4) 10:30 Alphabet Challenge (3) 11:00 Bookmobile (CF) 11:15 Washer Toss (4) 1:30 Pictionary (4) 2:30 Short Stories (3) <b>3:15 Tea with Friends (4)</b> 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right"><b>31</b></p> <p>10:30 Bible Study with Pastor Mike (4) 11:15 Sing Along (3) 1:30 Crokinole (4) 2:00-3:00 Fitness Room Exercises (FR) 2:30 Hot Chocolate Social (3) 3:15 VON Physio Exercises (4) <b>5:00 Pizza Hut Supper Club (CF)</b></p> 	<p align="center"><b>Sign up for our monthly events/outings with Recreation staff. Transportation \$10 All programs are subject to change.</b> <b>*Cancellation required 48hrs prior or subject to payment*</b></p> <ul style="list-style-type: none"> <li>➤ <b>Fri. Mar. 6<sup>th</sup> @ 11:45am</b> Lunch to The Symposium Café Sign up by: Wed. Mar. 4<sup>th</sup> <b>Cost:</b> \$10.00 Transportation + Lunch</li> <li>➤ <b>Mon. Mar. 9<sup>th</sup> @ 1:30pm</b> Butterfly Conservatory Sign up by: Fri. Mar. 6<sup>th</sup> <b>Cost:</b> \$10.00 Transportation + Admission</li> <li>➤ <b>Wed. Mar. 11<sup>th</sup> @ 8:00am</b> Breakfast Club Sign up by: Mon. Mar. 9<sup>th</sup> <b>* \$5.00 Fee for residents with no breakfast plan**</b></li> <li>➤ <b>Thurs. Mar. 12<sup>th</sup> @ 1:30pm</b> Art Gallery of Guelph Sign up by: Tues. March 10<sup>th</sup> FREE</li> <li>➤ <b>Wed. Mar. 18<sup>th</sup> @ 1:30pm</b> City Drive Tour of Guelph Sign up by: Mon. Mar. 16<sup>th</sup> FREE</li> <li>➤ <b>Tues. Mar. 31<sup>st</sup> @ 5:00pm</b> Pizza Hut Supper Club Sign up by: Fri. Mar. 27<sup>th</sup> <b>Cost:</b> \$15</li> </ul>			<p><b>Director of Recreation &amp; Volunteer Services:</b> <b>Marta Braga Ext. 2227</b> <b>Recreationists:</b> <b>Tracy Oliver Ext. 2496 (Nottingham &amp; Edinburgh)</b> <b>Michelle Holland Ext. 2366 (Ellington)</b> <b>Ali Van Elswyk &amp; Nicole Gosse Ext. 2232</b> <b>Chaplain:</b> <b>Pastor Mike Ext. 2248</b></p>