

Friday March 17 - Pancake Breakfast Club

No Sign Up Cost for LTC Resdeints

Limited Sapces for Sign Up

Includes: pancakes, bacon, fresh fruit, yogurt, juice, tea and coffee.

Monday March 27 - Fish & Chips Lunch Club

\$20.00 Sign Up Cost

Includes: Fish and Chips with drink and dessert.

Please speak to Recreation to sign up - Ext 2233

Will be held in the Community Centre Cafe Patio

Cancellation is required 48 hours prior to the outing or may be subject to payment.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>International Women's Day</p>	<p>March</p>		<p>1</p> <p>9:15am Bean Bag Toss - P 1:00pm 1:1 Friendly Visiting with Dominic - RR 2:00pm Irish Concert with Michael Cavan (W) 3:00pm Creative Colouring & Music - W 6:30pm Pub Night! - E</p>	<p>2</p> <p>9:30am Inspirational Group Story Reading - P 10:45am Bingo! - E 1:30pm 1:1 Friendly Visiting with Jenna - RR 3:00pm Travel & Learning Session: Barcelona, Spain - E</p>	<p>3</p> <p>9:30 - 10:30 General Store Shopping Assistance - Gene 1:30pm 1:1 Virtual Reality Bikes or Headsets - VR - RR 1:30pm Music Therapy with Natalie - E 6:00pm Bingo Night - E</p>	<p>4</p> <p>9:30am Bean Bag Toss - P 10:30am Finish the Line Trivia - E 1:30pm 70's Sing Along - P 2:30pm Balloon Volleyball - E</p>
<p>5</p> <p>9:30am Sunday Morning Social: Treats & Trivia - E 10:45am Magic Surface Games - P 1:45pm Sunday Chapel Service with Pastor Mike - C 3:10pm 1:1 Friendly Visiting with Jenna - RR</p>	<p>6</p> <p>9:30am Music Therapy with Mairead - P 11:00-12:00pm Bookmobile 1:15pm 1:1 Music Therapy with Mairead - RR 2:30pm East Coast Concert with Bob McClean - E 3:30pm Seated Basketball - P 6:30pm Bingo Night - E</p>	<p>7</p> <p>9:30am Good News Network - E 10:30am 1:1 Virtual Reality Bikes or Headsets - VR 1:45pm Music Therapy with Mairead - E 3:00pm Root Beer & Cream Soda Float Social - E</p>	<p>8</p> <p>Happy International Womens Day!</p> <p>9:30am Collaborative Colouring Project - E 10:00 - 10:30 Devotions - P 10:30am Coffee Break - P 10:30 - 11:00 Chaplain Visits - E 1:30pm Bocce Ball & Seated Sports - E 2:00pm Virtual Speaker Series: Women in History- E 2:00pm Pamper Me - RR 3:30pm Discussing Great Women in History - P 6:30pm Pub Night! - E</p>	<p>9</p> <p>9:30am 1:1 Snoezelen Room Visits - SN 10:45am Bingo! - E 1:15pm Brain Games: Name 6 - E 2:00 - 3:00 Visits with Pastor Mike - RR 3:00pm Men's Pool Group - CF</p>	<p>10</p> <p>9:30 - 10:30 General Store Shopping Assistance - Gene 10:45am Morning Exercises & Stretches - E 1:00 - 4:00 Exquisite Boutique Clothing Sale - C 1:30pm Music Therapy with Natalie - E 3:00pm Travel & Learning Session: Tokyo - E</p>	<p>11</p> <p>9:30am St Patrick's Day Craft - P 10:30am Sing Along - E 1:30pm Exercises & Stretches - E 3:00pm Name That Tune - P</p>
<p>12</p> <p>9:15am Sing Along - P 10:30am Watering Can Craft - E 1:45pm Sunday Chapel Service with Pastor Mike - C 3:00pm Be The Judge - E</p>	<p>13</p> <p>9:30am Music Therapy with Mairead - P 9:45am Morning Exercises & Stretches - E 10:30am 1:1 Snoezelen Room Visits - SN 11:00-12:00pm Bookmobile 1:30pm Bubble Painting - P 1:30pm Men's Music Group - E 3:00pm Let's Play Cards - P 6:30pm Bingo Night - E</p>	<p>14</p> <p>9:30am Good News Network - E 10:30am Magic Surface Games - P 1:30pm LTC Resident Council - P 3:00pm Treats & Trivia - E</p>	<p>15</p> <p>10:00 - 10:30 Devotions - P 10:00am Holy Rosary Communion Mass - C 10:30 - 11:00 Chaplain Visits - E 1:30pm Bocce Ball & Seated Sports - E 2:00pm Pamper Me - RR 3:15pm The Price is Right - E 6:30pm St. Patrick Day Pub Night! - E</p>	<p>16</p> <p>9:30am Group Story Readings: Stories to make you laugh - P 10:45am Bingo! - E 1:30pm 1:1 Friendly Visiting with Jenna - RR 2:00 - 3:00 Visits with Pastor Mike - RR 3:00pm Men's Pool Group - CF 3:00pm Travel & Learning Session: Australia & Oceania - E</p>	<p>17</p> <p>Happy St.Patricks Day! 8:00am Breakfast Club (Sign Up Only) - CF 9:30 - 10:30 General Store Shopping Assistance - Gene 10:30am Bingo - P 1:30pm St.Patrick Day Social - E 1:30pm Music Therapy with Natalie - E 3:00pm St. Patrick's Day Sing Along - P</p>	<p>18</p> <p>9:30am Morning Tim Horton's Social - E 10:45am Air Hockey & Shuffle Board - P 1:30pm 1:1 Snoezelen Room Visits - SN 2:45pm Let's Bake Cookies! - E</p>

Eramosa/Paisley

March 2023



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>9:30am Creative Colouring & Music - P</p> <p>10:30am Reminiscing Group - E</p> <p>1:45pm Sunday Chapel Service with Pastor Mike - C</p> <p>3:00pm 1:1 Friendly Visiting with Jenna - RR</p> 	<p>20</p> <p>First Day of Spring!</p> <p>9:30am Music Therapy with Mairead - P</p> <p>9:45am Morning Exercises & Stretches - E</p> <p>10:30am Gardening Group: Planting Flower Seeds - P</p> <p>11:00-12:00pm Bookmobile</p> <p>1:30 - 3:00 First Day of Spring Country Drive (Sign Up Only)</p> <p>1:30pm Men's Music Group - E</p> <p>6:30pm Bingo Night - E</p>	<p>21</p> <p>9:30am Good News Network - E</p> <p>10:30am 1:1 Virtual Reality Bikes or Headsets - VR</p> <p>1:45pm Music Therapy with Mairead - E</p> <p>3:00pm Afternoon Smoothie Social - E</p> 	<p>22</p> <p>10:00 - 10:30 Devotions - P</p> <p>10:30 - 11:00 Chaplain Visits - E</p> <p>1:30pm Bocce Ball & Seated Sports - E</p> <p>2:00pm Pamper Me - RR</p> <p>3:30pm Relaxing Music & Hymns - E</p> <p>6:30pm Pub Night! - E</p>	<p>23</p> <p>9:30am 1:1 Snoezelen Room Visits - SN</p> <p>10:45am Bingo! - E</p> <p>1:30pm 1:1 Friendly Visiting with Jenna - RR</p> <p>2:00 - 3:00 Visits with Pastor Mike - RR</p> <p>3:00pm Men's Pool Group - CF</p> <p>3:00pm Travel & Learning Session: Hawaii - E</p>	<p>24</p> <p>9:30 - 10:30 General Store Shopping Assistance - Gene</p> <p>10:00am Music with Krystyna - E</p> <p>1:30pm Music Therapy with Natalie - E</p> <p>1:30pm 1:1 Virtual Reality Bikes or Headsets - VR</p> <p>3:00pm Shuffle Board & Air Hockey - P</p>	<p>25</p> <p>9:00am Fun & Fitness - E</p> <p>10:30am Let's Play Cards - P</p> <p>1:30pm Coffee & Donuts - P</p> <p>3:00pm Do You Hear What I Hear - E</p> 
<p>26</p> <p>9:30am Coffee Filter Butterflies - E</p> <p>10:30am Trivia & Treats - P</p> <p>1:45pm Sunday Chapel Service with Pastor Mike - C</p> <p>3:00pm Short Stories - E</p>	<p>27</p> <p>9:30am Music Therapy with Mairead - P</p> <p>11:00-12:00pm Bookmobile</p> <p>12:00pm Fish & Chips Lunch Club (Sign Up Only) - CF</p> <p>1:30pm Men's Music Group - E</p> <p>1:30pm Walks & Strolls - BCY</p> <p>3:00pm Name That Tune - P</p> <p>6:30pm Bingo Night - E</p>	<p>28</p> <p>1:30pm Coffee with a Cop - CC</p> <p>3:00pm Be The Judge - E</p> <p>6:30pm Bingo Night - W</p> 	<p>29</p> <p>9:30am Bean Bag Toss - P</p> <p>10:00 - 10:30 Devotions - P</p> <p>10:30 - 11:00 Chaplain Visits - E</p> <p>10:30am Sing Along - E</p> <p>1:30pm Bocce Ball & Seated Sports - E</p> <p>2:00pm Pamper Me - RR</p> <p>2:00pm Accordion with Gary Lazari - C</p>	<p>30</p> <p>9:30am Morning Exercises & Stretches - E</p> <p>10:45am Bingo! - E</p> <p>2:00 - 3:00 Visits with Pastor Mike - RR</p> <p>2:00pm March Birthday Party with Craig Manning - CC</p> <p>3:00pm Men's Pool Group - CF</p>	<p>31</p> <p>10:30-11:30 Connect Hearing Clinic (CC)</p> <p>9:30 - 10:30 General Store Shopping Assistance - Gene</p> <p>1:30pm Music Therapy with Natalie - E</p> <p>1:30pm 1:1 Virtual Reality Bikes or Headsets - VR</p> <p>3:00pm Shuffle Board & Air Hockey - P</p>	<p>Recreationist- Jenna Manes ext. 2233 jmanes@elliottcommunity.org</p> <p>Recreation Supervisor- Michelle Holland ext. 2366 mholland@elliottcommunity.org</p> <p>Chaplain- Pastor Mike Dell ext. 2248 chaplain@elliottcommunity.org</p>

BCY - Back Courtyard

E - Activity Area

VR - Virtual Reality Room

C - Chapel

Gene - General Store

W - Activity Area

CC - Auditorium

P - Activity Area

CC - Community Centre

RR - Resident Room

CF - Cafe

SN - Snoezelen Room