








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Recreationists Alyssa Lavallee - Ext.2233 alavallee@elliottcommunity.org</p> <p>Reshmi Abraham - Ext. 2233 rabraham@elliottcommunity.org</p> <p>Angie Scadding - ascadding@elliottcommunity.org</p>	<p>Legend for which Recreationist is hosting the activity: (L) - Lizzie (A) - Alyssa (MD)- Michaela (J) - Julie (AS)- Angie (R) - Reshmi (MA)- Mairead</p>	<p>1</p> <p>9:30am Falls Prevention - P 10:00am Devotions w Pastor Mike - P 10:30am Chaplain Visits (E) 1:00pm Visits w/ Domenic - RR 1:00pm 1:1 Travelling Cart: Calendars (A) - RR 3:00pm Java Music Club: Welcoming the New Year (A) - E 6:30pm Paraffin Wax Hand Treatments (A)</p>	<p>2</p> <p>9:30am Bean Bag Toss (AS) - P 10:30am Flower Arranging (AS) - E 1:30pm Garden Group (R) - E 1:30pm Guess My Job Game (AS) - E 2:00 Visits w/ Pastor Mike - RR 2:30pm Bowling - E 6:30pm Piano with Katie - E 6:30pm Pub Night (R) - E</p>	<p>3</p> <p>9:30am 1:1 General Store Shopping 10:30am Bingo with Reshmi - E 10:30am Snoezelen (A) - SN 12:00pm Lunch Outing: Halibut House (Sign up with Recreation) 1:30pm Guess in Ten (R) - P 3:00pm Happy Huddles (R) - E 3:30pm Dynamic Duo Discussions - (A) - P 3:30pm Seated Zumba Exercises - W</p>	<p>4</p> <p>National Trivia Day 9:00am Ladderball (A) - E 10:30am Trivia (A) - P 1:30pm Giggle Gatherings (A) - RR 2:00pm Movie Matinee: Stand by Me (A) - E 3:00pm Name 6 with Layla - P</p>
<p>5</p> <p>9:00am 1:1 Travelling Cart: Apple Cider (A) - RR 10:00am Dynamic Duo Discussions (A) - RR 1:00pm Guelph Storm Game Outing (Sign up with Recreation) 2:00pm Chapel Service with Pastor Mike - EDI</p>	<p>6</p> <p>9:30am Happy Huddles (R) - E 9:30am Music Therapy (MA) - E 10:30am Creative Corner (R) - P 11:00am Bookmobile until 12:00pm 1:30pm Ball Toss (R) - E 1:30pm Music Therapy (MA) - E 1:30pm Tic Tac Toe Trivia (AS) - P 4:15pm Cheerful Chats (AS) - E/P 6:30pm Bingo with Angie - E</p>	<p>7</p> <p>9:00am Short Stories - (A) - P 10:00am Strength & Balance - E 10:30am Drum Fit (A) - E 1:30pm Magic Table (R) - P 1:30pm Resident Council & Food Committee - E 2:30pm Giggle Gatherings (A) - P - RR 3:30pm Coloring Corner (R) - P 6:00pm Wacky Wordies (R) - E</p>	<p>8</p> <p>9:30am Good News Network (AS) - E 9:30am Falls Prevention - P 10:00am Devotions w Pastor Mike - P 10:30am Chaplain Visits (E) 10:30am Word Games (AS) - E 1:00pm Visits w/ Domenic - RR 1:00pm Garden Group:(A) - P 2:00pm Birthday Party with Rob Edlefsen - CC 4:00pm Dynamic Duo Discussions (A) - P 6:30pm Game Night (A) - E</p>	<p>9</p> <p>8:00am Breakfast Club: Eggs & Bacon (A) - E 10:30am Flower Arranging (A) - E 1:30pm Garden Group (R) - E 2:00 Visits w/ Pastor Mike - RR 2:30pm Bowling (A/R) - E 6:30pm Piano with Katie - E 6:30pm Pub Night (R) - E</p>	<p>10</p> <p>9:30am 1:1 General Store Shopping 10:30am Bingo with Alyssa - E 10:30am Snoezelen (R) - SN 2:00pm Afternoon Entertainment: Kim Atkins - E 3:00pm Happy Huddles (R) - E 3:30pm Dynamic Duo Discussions - (A) - P 3:30pm Seated Zumba Exercises - W</p>	<p>11</p> <p>9:30am Name 6 (AS) - P 10:00am Art Therapy with Barb - E 10:30am Hot Chocolate Social (AS) - P 1:00pm Butterfly Conservatory Outing (Sign up with Recreation)</p>
<p>12</p> <p>9:30am Cheerful Chats (AS) - E 9:30am Hymn Sing (R) - P 10:30am Coffee and Trivia (AS) - P 10:30am Crockpot Cooking (R) - E 2:00pm Chapel Service with Pastor Mike - EDI 2:45pm 1:1 Travelling Cart (R) - E/P 3:00pm Card Games (AS) - E</p>	<p>13</p> <p>9:30am Music Therapy (MA) - E 10:30am Creative Corner (A) - P 1:30pm Pet Visits w/ Jon - E/P 1:30pm Happy Huddles (R) - P 1:30pm Music Therapy (MA) - E 2:30pm Afternoon Social (R) - E 6:30pm Travelling Treats and Trivia E/P</p>	<p>14</p> <p>9:00am Short Stories - (A) - P 10:00am Strength & Balance - E 10:30am Drum Fit (A) - E 2:00pm Seniors for Climate Action Now! - Presentation & Performance by Raging Grannies (CC)</p>	<p>15</p> <p>9:30am Happy Huddles (R) - E 9:30am Falls Prevention - P 10:00am Roman Catholic Mass - C 1:00pm Visits w/ Domenic - RR 1:00pm Garden Group:(A) - P 2:00pm Speaker Series- Hinduism: Seeking Spirituality in Nature with Dr. Saxena (CC) 4:00pm Dynamic Duo Discussions (A) - P 6:30pm Paraffin Wax Hand Treatments (A)</p>	<p>16</p> <p>10:30am Flower Arranging (AS) - E 1:30pm Garden Group (R) - E 2:00 Visits w/ Pastor Mike - RR 2:00pm Grand Opening of Edinburgh with Martin Wall - CC 4:00pm Brew and Banter (R) 6:30pm Piano with Katie - E 6:30pm Pub Night (R) - E</p>	<p>17</p> <p>9:30am 1:1 General Store Shopping 10:30am Bingo with Reshmi - E 2:00pm Afternoon Entertainment with James Skarnikat - E 3:00pm Happy Huddles (R) - E 3:30pm Seated Zumba Exercises - W</p>	<p>18</p> <p>9:30am Ladderball (M) - E 10:30am Java Time (M) - P 1:30pm Music Appreciation (M) - E 3:00pm 1:1 Visits with Mia - P</p>

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<p>19</p> <p>9:30am 1:1 visits with Mia - RR 10:30am Crockpot Cooking (A) - E</p> <p>2:00pm Chapel Service with Pastor Mike - EDI</p> <p>2:45pm 1:1 Travelling Cart (A) - E/P</p> 	<p>20</p> <p>Blue Monday - Winter Vacation</p> <p>9:30am Happy Huddles (R) - E 9:30am Music Therapy (MA) - E 10:00am Coloring group (R) - P 11:00am Bookmobile until 12:00pm 1:30pm Music Therapy (MA) - E 2:00pm Beat the Blues Tropical Social with John Pebble - CC 4:00pm Cheerful Chats (AS) - P 6:30pm Bingo with Angie - E</p>	<p>21</p> <p>9:00am Short Stories - (A) - P 10:00am Strength & Balance - E 10:30am Drum Fit (A) - E 1:30pm Dynamic Duo Discussions (A) 1:30pm Magic Table (R) - P 2:30pm Bowling (A/R) - E 3:30pm Happy Huddles (R) - E 6:00pm Wacky Wordies (R) - E</p>	<p>22</p> <p>9:30am Falls Prevention - P 10:00am St Andrew Presbyterian Chapel Service - C 10:30am Cheerful Chats (AS) - E 1:00pm Visits w/ Domenic - RR 2:00pm Accordion with Gary - CC</p>	<p>23</p> <p>10:30am Flower Arranging (A) - E 12:00pm East Side Mario's Lunch Club (Sign up with Recreation) - CF 2:00 Visits w/ Pastor Mike - RR 2:00pm Garden Group (R) - E 2:45pm Java Music Club (A) - P 3:00pm Brew and Banter (R) 6:30pm Piano with Katie - E 6:30pm Pub Night (R) - E</p>	<p>24</p> <p>9:30am 1:1 General Store Shopping 10:30am Bingo with Alyssa - E 10:30am Snoezelen (R) - SN 2:00pm Robbie Burns Day Entertainment with Bob MacLean - CC 3:30pm Seated Zumba Exercises - W</p> 	<p>25</p> <p>9:30am Creative Colouring (AS) - P 9:30am Ladderball (R) - E 10:30am Java Time (R) - E 10:30am Word Games (AS) - P 1:30pm Sparkling Specs and Hand Massages (AS) - RR 2:00pm Bean Bag Toss (R) - P 2:30pm Family Feud Game (AS) - E 3:00pm Happy Huddles (R) - P</p>
<p>26</p> <p>9:30am Cheerful Chats (AS) - E 9:30am Hymn Sing (R) - P 10:30am Coffee Break & Trivia (AS) - P 10:30am Crockpot Cooking (R) - E</p> <p>2:00pm Chapel Service with Pastor Mike - EDI</p> <p>2:45pm 1:1 Travelling Cart (R) - E/P 3:00pm Card Games (AS) - E</p> 	<p>27</p> <p>9:30am Good News Network (A) - E 9:30am Music Therapy (MA) - E 10:30am Creative Corner (A) - P 1:15pm Stone Road Mall Outing (Sign up with Recreation) 1:30pm Pet Visits w/ Jon - E/P 1:30pm Happy Huddles (R) - P 1:30pm Music Therapy (MA) - E 2:30pm Pamper Me (A) - E 3:00pm Balloon Volleyball (R) - P 6:30pm Travelling Treats and Trivia E/P</p>	<p>28</p> <p>9:00am Short Stories - (A) - P 10:00am Strength & Balance - E 10:30am Drum Fit (A) - E 2:00pm Memorial Service - C</p> 	<p>29</p> <p>9:30am Falls Prevention - P 10:00am Devotions w Pastor Mike - P 10:30am Chaplain Visits (E) 1:00pm Visits w/ Domenic - RR 1:00pm Garden Group:(A) - P 2:00pm Chinese New Year's Social - E 4:00pm Dynamic Duo Discussions (A) - P 6:30pm Paraffin Wax Hand Treatments (A)</p> 	<p>30</p> <p>9:30am Bean Bag Toss (AS) - P 10:30am Flower Arranging (AS) - E 1:30pm Garden Group (R) - E 2:00 Visits w/ Pastor Mike - RR 2:00pm Dublin St United Service - C 4:00pm Brew and Banter (R) 6:30pm Piano with Katie - E 6:30pm Pub Night (R) - E</p> 	<p>31</p> <p>SNOW DAY</p> <p>9:30am 1:1 General Store Shopping 10:30am Music w Krystyna - E 2:00pm Afternoon Movie in Community Center - CC 3:30pm Seated Zumba Exercises - W</p> 	<p>Program Location Legend</p> <p>W- Activity Area F- Activity Area RR- Resident Room E- Activity Area P- Activity Area 4- Nottingham Activity Area EB- Ellington Basement BR- Board Room CC - Community Center BCY- Back Court Yard C- Chapel</p>