




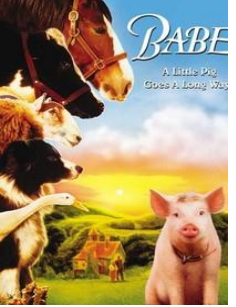





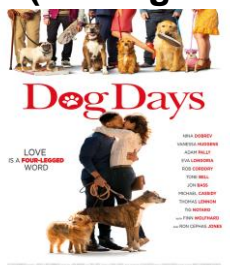






ELLINGTON ACTIVITIES



Legend
 (AT) Community Centre Atrium/Cafe
 (AA) Ellington Activity Area
 (L) Library (TR) Tea Room
 FR) Fitness Room (C) Chapel
 (CC) Community Centre
 (GR) Games Room
 (M) Main Lobby

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:00 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Pastor Mike (C) 2:45 Mocktail Social (BCY) 2:45 Afternoon Tea (TR)</p>	<p>2</p> <p> LABOUR DAY</p> <p>9:30 Labour Day Facts (L) 2:45 Afternoon Tea (TR) 3:15 Sing Along (M)</p> <p></p>	<p>3</p> <p>9:15 French Vanilla Social (TR) 10:30 VON Physio Exercises (AA) 2:00 Ice Cream Social (BCY weather permitting)</p> <p> Ice Cream Social 2:45 Afternoon Tea (TR)</p>	<p>4</p> <p>9:15 Name That Tune (L) 10:30 Exercises (AA) 11:00 Pet Visits with Brenda & Scamp (M) 1:00 African Lion Safari Outing (Sign Up)</p> <p> African Lion Safari ANSWER THE CALL... GO WILD! Canada's Original Safari Adventure 2:45 Afternoon Tea (TR)</p>	<p>5</p> <p>9:15 VON Physio Exercises (AA) 10:00 Music with Krystyna (M) 11:15 Fair Themed Trivia (L) 2:00 Accordion with Gary (CC) 2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p>6</p> <p>9:00 Chicken Soup for the Soul Reading (L) 1:15 Trivia (L)</p> <p></p> <p>2:45 Afternoon Tea (TR)</p>	<p>7</p> <p>9:00 Skip Bo (TR) 2:00 Afternoon at the Movies Feature Film: "Babe" (Nottingham)</p> <p></p> <p>2:45 Afternoon Tea (TR)</p>
<p>8</p> <p>9:00 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Pastor Mike (C) 2:45 Popsicle Social (CF) 2:45 Afternoon Tea (TR)</p>	<p>9</p> <p>9:30 Word Scrambles (L) 9:15 Country Drive Outing (Sign Up) 10:00 Food Committee Meeting (AA) 10:30-11:15 Strength & Balance Exercises with Elaine (AA) 10:30-3:00 Golden Age Apparel Sale (CC) 11:00 Bookmobile (CF) 1:30-2:30 JHSC Meeting 2:45 Afternoon Tea (TR) 3:15 Guided Meditation (AA)</p>	<p>10</p> <p>9:15 Coffee Time (TR) 9:45 Royal Bank (PD) 10:15 Shuffleboard Bowling (AA) 11:15 Sit & Knit (L) 1-2 Rec Meeting 2:45 Afternoon Tea (TR) 3:30 VON Physio Exercises (AA) 3:30-4:30 Fitness Room Exercises (FR) 6:15 5 Cent Bingo (CF)</p>	<p>11</p> <p>8:00 Breakfast Club (Sign Up) (CF) 10:00 Outdoor Walks (Meet in Lobby) 11:00 Pet Visits with Brenda & Scamp (M) 11:15 Lunch Outing to Swiss Chalet (Sign Up) 1:00 Blood Pressure Clinic (M) 2:00 Geography Bee (L)</p> <p> GEOGRAPHY BEE 2:45 Afternoon Tea (TR)</p>	<p>12</p> <p>9:45 Dedication Plaque ceremony for Vimy Oak (C) 1:15 Outdoor FUN with Bubble Snakes (Meet in Lobby) 2:15 Artists Corner (L) 2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 3:45 Simply Stretch Exercises (M) 6:00-7:00 Fitness Room Exercises (FR) 6:30 Pub Night with "Sniptz" (CF)</p>	<p>13</p> <p>2:00-3:30 Fall Fair with Petting Zoo & with entertainment from "Puslinch Country Squires" (BCY)</p> <p> Fall Fair 2:45 Afternoon Tea (TR)</p>	<p>14</p> <p>9:00 Skip Bo (TR) 10:00 Creative Expressions with Barbara (CC) 2:00 Afternoon at the Movies Feature Film: "A Drift" (Nottingham)</p> <p></p> <p>2:45 Afternoon Tea (TR)</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="right">15</p> <p>9:15 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Priory Park (C) 2:45 Specialty Coffee Social \$4.00/alcohol (CF) 2:45 Afternoon Tea (TR)</p>	<p align="right">16</p> <p>9:15 Chef's Corner (AA) 10:30 Strength & Balance Exercises with Elaine (AA) 11:30 Geography Bee (L) 11:00 Bookmobile (CF) 1:15 Crokinole (AA) 2:00 Sing Along (M) 2:45 Afternoon Tea (TR) 3:30 Baked Treat Social (M) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right">17</p> <p>9:15 Coffee Time (TR) 10:30 St. George's Anglican Church (CC) 10:00 Autumn Banner Craft (L) 11:15 Word Mining (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:00 Resident Council Meeting (TR) 3:30-4:30 Fitness Room Exercises (FR) 6:45 Rotary Bingo (CF)</p>	<p align="right">18</p> <p>10:00 Roman Catholic Mass (C) 11:30 Trivia 2:00 Name that Tune (L) 2:45 Afternoon Tea (TR) 3:30 Pet Visits with Brenda & Scamp (M) 4:15 Outing-Dinner & Horse Races (Sign Up)</p> 	<p align="right">19</p> <p>11:30 Short Stories (L) 2:00 Happy Hour with Wyatt Ladd (CC)</p>  <p>2:45 Afternoon Tea (TR) 4:00 VON Physio Exercises (AA) 6:00-7:00 Fitness Room Exercises (FR) 6:15 5 Cent Bingo (CF)</p>	<p align="right">20</p> <p>9:00-12:00 Sew on the Go (Ellington) 9:15 Reminiscing (L) 10:00 Simply Stretch (M) 9:45 Walmart Shopping & Lunch Outing (Sign Up) 11:00 Alphabet Challenge (L) 1:15 Watching an episode of "The Crown" (M) 2:15 Popsicle Social (M) 2:45 Afternoon Tea (TR) 3:30 Sing a Long (M)</p>	<p align="right">21</p> <p>9:00 Skip Bo (TR) 2:00 Afternoon at the Movies Feature Film: "Dog Days" (Nottingham)</p>  <p>2:45 Afternoon Tea (TR)</p>
<p align="right">22</p> <p>9:00 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Pastor Mike (C) 2:45 Afternoon Tea (TR) 2:45 Root Beer Floats (CF)</p>	<p align="right">23</p> <p>9:15 Alphabet Challenge (L) 10:00 Mini Golf (M) 10:00-2:30 Jewellery Sale (CC) 11:00 Bookmobile (CF) 11:15 Hymn Sing (M) 1:15 Go Fish (L) 2:00 Travelogue (M) 2:45 Afternoon Tea (TR) 3:00 1:1 Visits with Nicole 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right">24</p> <p>9:15 Coffee Time (TR) 10:15 Shuffleboard Bowling (AA) 11:15 Geography Bee (L) 2:00 Elliott Community Memorial Service (C) 2:45 Afternoon Tea (TR) 3:30 VON Physio Exercises (AA) 3:30-4:30 Fitness Room Exercises (FR) 5:00 Indian Supper Club (CF)</p>	<p align="right">12-8 25</p> <p>2:00 Birthday Party with Jan Denk (CC) 3:30 Pet Visits with Brenda & Scamp (M) 6:15 5 Cent BINGO (CF)</p>  <p>7:15 Simply Stretch (M)</p>	<p align="right">26</p> <p>11:15 Reminiscing (L) 2:00 Travel to Mexico (CC)</p>  <p>2:45 Afternoon Tea (TR) 3:15 Artist Corner (L) 3:15 Bible Study (AA) 4:15 4 Pictures 1 Word (M) 6:00-7:00 Fitness Room Exercises (FR) 6:15 Evening Strolls (BCY)</p>	<p align="right">27</p> <p>9:00-11:00 Hearing Clinic (CC) 9:30 You be The Judge (L) 10:15 Flavoured Coffee/Tea Tasting (TR) 11:15 Sing Along (M)</p>  <p>1:15 Chair Dancing (M) 2:15 Balloon Volleyball (M) 2:45 Afternoon Tea (TR) 3:15 Hang Man (L)</p>	<p align="right">28</p> <p>9:00 Skip Bo (TR) 11:00 Table Tennis (CC) 2:00 Afternoon at the Movies Feature Film: "Autumn Dreams" (Nottingham)</p>  <p>2:45 Afternoon Tea (TR)</p>
<p align="right">29</p> <p>9:00 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service 2:45 Ice Cream Social (CF) 2:45 Afternoon Tea (TR)</p>	<p align="right">30</p> <p>9:15 Chicken Soup for the Soul Reading (L) 10:30 Exercises (AA) 11:00 Bookmobile (CF) 11:15 Crosswords (M) 2:00 Popsicles & Travelogue to Switzerland (M) 2:45 Afternoon Tea (TR) 3:15 Current Events (L) 6:30 Hymns with David (M)</p>	<p align="center">Sign up for our monthly events/outings with Recreation staff. Transportation \$10. All programs are subject to change. *Cancellation required 48hrs prior or subject to payment*</p> <ul style="list-style-type: none"> ➤ Wednesday September 4th 1:00pm African Lions Safari Outing Sign up by: Monday September 2nd Cost: Admission + \$10 Transportation ➤ Monday September 9th @ 9:15am Country Drive Sign up by: Saturday September 7th Cost: \$10 Transportation ➤ Wednesday September 11th @ 11:15am Swiss Chalet Lunch Outing Sign up by: Monday September 9th Cost: \$10 Transportation + spending money ➤ Wednesday September 18th @ 4:15pm Dinner & Horse Races Outing Sign up by: Monday September 16th Cost: \$10 Transportation + spending money ➤ Friday September 20th @ 9:45am Shopping to Walmart and Lunch Outing Sign up by: Wednesday September 18th Cost: \$10 Transportation + spending money ➤ Tuesday September 24th @ 5:00pm Indian Supper Club Sign up by: Sunday September 22nd Cost: \$15 Thali Curry Meal: Aloo-Gobi (Potato & Cauliflower dish), Sahi-Paneer (Vegetarian Butter chicken) lentil curry, fresh rice And Naan Bread Dessert: Gulab Juban (Indian Doughnut) 				<p>Director of Recreation & Volunteer Services: Marta Braga Ext. 2227 Recreationists: Tracy Oliver Ext. 2496 (Nottingham & Edinburgh) Michelle Holland Ext. 2366 (Ellington) Ali Van Elswyk & Nicole Gosse Ext. 2232 Chaplain: Pastor Mike Ext. 2248</p>