







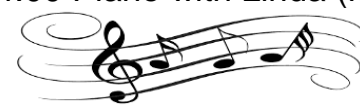





ELLINGTON ACTIVITIES 2020



Legend
 (AT) Community Centre Atrium/Cafe
 (EB) Ellington Basement
 (L) Library (TR) Tea Room
 (FR) Fitness Room (C) Chapel
 (CC) Community Centre
 (GR) Games Room
 (M) Main Lobby

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
9:15 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 11:00 Documentary: "Seeing Canada EP I- Inuit Culture" (Nottingham) 2:00 Chapel Service with Pastor Mike (C) 2:45 Specialty Coffee (CF) \$4.00/coffee with alcohol 2:45 Afternoon Tea (TR)	9:15 Irish Creamed Coffee Social (TR) 10:15 Leprechaun Hat Craft (L) 11:15 Hymn Sing (M) 11:00 Bookmobile (Outside CF) 1:15 Go Fish (L) 2:15 Simply Stretch (M) 2:45 Afternoon Tea (TR) 3:15 Hang Man (L) 4:00 Piano with Linda (M)	9:15 Coffee Time (TR) 10:00 Balloon Volleyball (M) 10:30 St. Andrew's Communion (C) 10:45 I Remember Better When I Paint (L) 2:00 VON Physio Exercises (EB) 2:00-3:00 Fitness Room Exercises (FR) 2:45 Afternoon Tea (TR) 3:30 Guided Meditation (EB)	10:00 Exercises (EB) 10:45 I Remember Better When I Paint (L) 2:00 Alphabet Challenge (L) 2:45 Afternoon Tea (TR) 3:15 Bridge, Euchre & Skip Bo (EB) 2:45 Afternoon Tea (TR) 6:00-7:00 Fitness Room Exercises (FR)	11:15 Name 6 (L) 2:00 Accordion with Gary (CC) 2:45 Afternoon Tea (TR) 3:15 Bible Study (PD) 4:00 VON Physio Exercises (EB) 6:00-7:00 Fitness Room Exercises (FR) 6:15 Showing "The Crown" Ep.3 (M)	9:15 Name That Tune (L) 10:00 Exercises (EB) 11:00 Geography Bee (L) 11:45 Rescheduled Lunch Outing to Symposium (Sign Up) 2:00 5 Cent BINGO (EB) 2:45 Afternoon Tea (TR) 3:30 Dominoes (L)	9:00 Skip Bo (TR) 9:30 Morning at the Movies Feature Film: "Lord of the Dance" (Nottingham) 2:00 Guelph Chamber Choir Concert (CC)  2:45 Afternoon Tea (TR)
8	9	10	11	12	13	14
9:15 Ted Talks Podcast and Discussion (L) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Freedom House (C) 2:45 Specialty Coffee \$4.00/alcohol (CF) 2:45 Afternoon Tea (TR)	9:15 Hazelnut Coffee Social (TR) 10:00 Food Committee Meeting (AA) 10:15 "Our Planet" ep. 7 (M) 11:00-3:00 EZ Fit Shoe Sale (CC) 11:00 Bookmobile (CF) 11:15 Sing A-Long (M) 1:30 Butterfly Conservatory Outing (Sign Up) 2:45 Afternoon Tea (TR) 4:00 Piano with Linda (M)	9:15 Coffee Time (TR) 9:45 Royal Bank (PD) 10:00 Horse Shoes (M) 10:45 I Remember Better When I Paint (L) 2:00 VON Physio Exercises (EB) 2:00-3:00 Fitness Room Exercises (FR) 2:45 Afternoon Tea (TR) 3:00 Resident Council Meeting (TR)	8:00 Breakfast Club (Sign Up) (CF) 10:00 Indoor Walks (Meet in M) 11:00 Trivia (L) 1:00 Blood Pressure Clinic (M) 2:00 Irish Traditions (CC)  2:45 Afternoon Tea (TR) 6:00-7:00 Fitness Room Exercises (FR)	1:30 "Art Gallery of Guelph" Outing (Sign Up) 2:00 Shamrock Milkshake Sing a Long & Social (M) 2:45 Afternoon Tea (TR) 3:15 Bible Study (PD) 3:30 Simply Stretching Exercises (M) 6:00-7:00 Fitness Room Exercises (FR) 6:30 Happy Hour with Wally Maggs (CC) \$4.00/alcoholic drink	9:15 Crosswords (M) 10:00 Exercises (EB) 11:00 Hymn Sing (M) 2:00 The Young Guys Concert (CC)  2:45 Afternoon Tea (TR)	9:00 Skip Bo (TR) 2:00 Afternoon at the Movies Feature Film: "The Greatest Showman" (Nottingham)  2:45 Afternoon Tea (TR)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="right">15</p> <p>9:15 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Pastor Mike (C) 2:45 Specialty Coffee \$4.00/alcohol (CF) 2:45 Afternoon Tea (TR)</p>	<p align="right">16</p> <p>9:15 Irish Artist Corner (L) 10:00 Rick Milan & Lake Como Travelogue (M) 11:00 Bookmobile (CF) 11:15 Exercises (EB) 2:00 Musical Reminiscing (L) 2:45 Afternoon Tea (TR) 3:15 St. Patrick's Day Word Mining (L) 4:00 Piano with Linda (M) 6:30 Hymns with David (M)</p>	<p align="center"> 17</p> <p>9:15 Irish Coffee Time (TR) 10:15 VON Physio Exercises (EB) 10:30 St. George's Anglican Church (CC) 2:00 St. Patrick's Happy Hour with A Record Day (CC) \$4.00/alcoholic drink 2:00-3:00 Fitness Room Exercises (FR) 2:45 Afternoon Tea (TR) 6:45 Rotary Bingo (CF)</p>	<p align="right">18</p> <p>9:15 Alphabet Challenge (L) 10:00 Roman Catholic Mass (C) 10:45 I Remember Better When I Paint (L) 1:30 Historic Tour of Guelph Outing with Commentator (Sign Up) 2:45 Afternoon Tea (TR) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right">19</p> <p>11:15 Spelling Bee (L) 2:45 Afternoon Tea (TR) 3:15 Bible Study (PD) 4:00 VON Physio Exercises (EB) 6:00-7:00 Fitness Room Exercises (FR) 6:15 Showing "The Crown" Ep.4 (M)</p> <p align="center"></p>	<p align="right">20</p> <p align="center">DOGGY DAY! Arlo is visiting today!</p> <p align="center"></p> <p align="center">9:00-12:00 Sew on the Go (CF) 2:45 Afternoon Tea (TR)</p>	<p align="right">21</p> <p>9:00 Skip Bo (TR) 1:45 Afternoon at the Movies Feature Film: "The Two Popes" (Nottingham)</p> <p align="center"></p> <p>2:45 Afternoon Tea (TR)</p>
<p align="right">22</p> <p>9:15 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 11:00 Documentary: "Seeing Canada EP II-Nova Scotia, Newfoundland & Labrador" (Nottingham) 2:00 Chapel Service with Pastor Mike (C) 2:45 Specialty Coffee Social \$4.00/alcohol (CF) 2:45 Afternoon Tea (TR)</p>	<p align="right">23</p> <p>9:15 Random Trivia (L) 10:15 Documentary "Night on Earth" Ep. 1 (M) 11:00 Bookmobile (Outside CF) 2:00 VON Physio Exercises (EB) 2:45 Afternoon Tea (TR) 3:30 Hymn Sing (M) 4:00 Piano with Linda (M)</p> <p align="center"></p>	<p align="right">24</p> <p>9:15 Coffee Time (TR) 10:00 Snowball Takedown (L) 10:45 I Remember Better When I Paint (L) 2:00 Voices of Praise Concert (CC) 2:00-3:00 Fitness Room Exercises (FR) 2:45 Afternoon Tea (TR) 3:30 Rooster Visits with Krystyna (PD)</p>	<p align="right">25</p> <p>9:15 Short Story Reading (L) 10:00 Exercises (EB) 11:00 Word Scrambles (L) 2:00 Birthday Party with Puslinch Country Squires (CC)</p> <p align="center"></p> <p>6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right">26</p> <p>9:15 VON Physio Exercises (EB) 10:00 Music with Krystyna (M) 2:00 Art Gala- I Remember Better When I Paint with Chris Sharpe (CC) 2:45 Afternoon Tea (TR) 3:15 Bible Study (PD) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p align="right">27</p> <p align="center">9:00-11:00 Hearing Clinic (CC) 9:00 Classical Music Appreciation- Mozart (L) 10:00 Spring Easter Wreath Craft Part 1 (L) 2:00 New Horizon's Band Concert (CC) 2:45 Afternoon Tea (TR) 3:30 Spring Easter Wreath Craft Part 2 (L)</p>	<p align="right">28</p> <p>9:00 Skip Bo (TR) 2:00 Afternoon at the Movies Feature Film: "Wonder" (Nottingham)</p> <p align="center"></p> <p>2:45 Afternoon Tea (TR)</p>
<p align="right">29</p> <p>9:15 Coffee Time (TR) 10:30 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR) 2:00 Chapel Service with Freedom House (C) 2:45 Specialty Coffee Social \$4.00/alcohol (CF) 2:45 Afternoon Tea (TR)</p>	<p align="right">30</p> <p>9:30 Cookie Baking! (EB) 11:00 Bookmobile (CF) 11:15 4 Pictures, 1 Word 1:15 Balloon Volleyball (EB) 2:00 Baked Treat & Coffee Social (TR) 3:00 "Our Planet" ep. 8 (M) 4:00 Piano with Linda (M)</p> <p align="center"></p>	<p align="right">31</p> <p>9:15 French Vanilla Social (TR) 10:15 Shuffleboard (EB) 11:15 Hymn Sing (M) 2:00-3:00 Fitness Room Exercises (FR) 2:00 VON Physio Exercises (EB) 2:45 Afternoon Tea (TR) 3:30 Guided Meditation (EB) 5:00 Pizza Hut Supper Club (CC)</p>	<p align="center">Sign up for our monthly events/outings with Recreation staff. Transportation \$10. All programs are subject to change. *Cancellation required 48hrs prior or subject to payment*</p> <ul style="list-style-type: none"> ➤ Friday March 6th @ 11:45am – Lunch Outing @ Symposium Sign up deadline: Wed. March 4th - Cost: \$10.00 Transportation + Lunch Money ➤ Monday March 9th @ 1:30pm – Butterfly Conservatory Outing. Sign up deadline: Fri. March 6th - Cost: \$10.00 Transportation + Admission Money ➤ Wednesday March 11th @ 8:00am- Breakfast Club- Sign up deadline: Mon. March 9th. Cost: Free for those on breakfast plan- \$5.00 for residents not on breakfast plan ➤ Thursday March 12th @ 1:30 p.m.- Art Gallery of Guelph Outing. Sign up deadline: Tues. March 10th. Cost: Free. ➤ Wednesday March 18th @ 1:30 p.m.- City Drive Art Tour of Guelph Outing. Sign up deadline: Mon. March 16th. Cost: Free. ➤ Tuesday March 31st @ 5:00pm Pizza Hut Supper Club Sign up by: Fri. March 27th Cost: \$15 			<p align="center">Director of Recreation & Volunteer Services: Marta Braga Ext. 2227 Recreationists: Tracy Oliver Ext. 2496 (Nottingham & Edinburgh) Michelle Holland Ext. 2366 (Ellington) Ali Van Elswyk & Nicole Gosse Ext. 2232 Chaplain: Pastor Mike Ext. 2248</p>