Ellington

July 2023

Monday July 10th - Bacon & Eggs Breakfast Club

No Sign Up Cost for RET Residents who attend breakfast. $5.00 for those who do not.

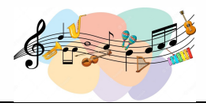
Includes: eggs, bacon, fresh fruit, yogurt, juice, tea and coffee.

Friday July 21 - Picnic Outing to Riverside Park $10 for transporation.

Thursday July 20th - Swiss Chalet Supper Club

Includes: Quarter chicken dinner with side, pop or wine and dessert. Cost: $20.00

Cancellation is required 48 hours prior to the outing or may be subject to payment.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 **Happy Canada Day!** 9:30am Creative Corner: Canada Day Craft - L *1:30-3:30 General Store Open (Behind Cafe)* **1:30pm Canada Day Backyard Social - BCY** 2:45pm Afternoon Tea - TR
2 9:30am Armchair Travel to Canada with Tim Hortons Coffee and Timbits - EB 1:15pm Documentary: Our Universe - Ep. 2 - AR **2:30pm Chapel Service with Pastor Mike - C** 2:45pm Afternoon Tea - TR	**3** 9:15am Seated Exercise with Kayla - ER 10:30am Book Club - EB 1:30pm Virtual Reality Bike tours with Kayla- VR 2:00pm Poetry with Michael - EB 2:45pm Afternoon Tea - TR 3:15pm Catholic Communion - AR	**4** 10:00am Virtual Men's Club Meeting - AR 10:30am Name 6 - L 1:30pm Creative Colouring - L 2:45pm Afternoon Tea - TR 3:00pm Bible Study - AR 6:15pm 6:15 - 7:15 Ellington Exercise Room Assistance with Jamie - ER 	**5** **National Hawaii Day!** 9:15am Seated Hula Dance with Kayla - ER 10:30am Coffee Time - TR *12:30-3:30 General Store Open* **2:00pm Luau Party with Mocktails - Cheers Patio** 2:45pm Afternoon Tea - TR	**6** 10:00am Virtual Reality Bike Tours with Kayla - VR 1:30pm Artful Talk: World's Most Expensive Art - AR 2:45pm Afternoon Tea - TR 6:30pm Music Appreciation: Favourite Show Tunes - AR	**7** *10:30-12:00 General Store Open (Behind Café)* 10:30am Java Music Club - EB 2:00pm Bell Choir w/ Mairead - AR 2:30pm Drum Fit - ER 2:45pm Afternoon Tea - TR 3:00pm Singing Group with Mairead - CC	**8** 9:30am Treats & Trivia - AR 1:30pm Bingo - TR *1:30-3:30 General Store Open (Behind Cafe)* 2:45pm Afternoon Tea - TR
9 9:15am Piano with Alicia - M 1:15pm Documentary: Europe from Above - Ep. 3 - AR **2:30pm Chapel Service with Pastor Mike - C** 2:45pm Afternoon Tea - TR	**10** **8:00am Breakfast Club (Sign up with Recreation) - CC** 9:15am Seated Exercise with Kayla - ER 10:00am Food Committee Meeting - TR 10:30am Geography Bee - AR **11:00-12:00pm Bookmobile** 1:30pm Virtual Reality Bike tours with Kayla- VR 2:00pm Scrabble - EB 2:45pm Afternoon Tea - TR 3:00pm Singing Group with Mairead Recording - CC 3:15pm Catholic Communion - AR	**11** **Slurpee Day!** 9:30am Creative Arts: Cyanotype Craft - L 10:00am Virtual Men's Club Meeting - AR 10:30am Word Connect - AR 2:00pm Slurpee Social! - CC Patio 2:45pm Afternoon Tea - TR 3:00pm Bible Study - AR 	**12** 9:15am Seated Exercise with Kayla - ER 9:30am Be The Judge - AR *12:30-3:30 General Store Open* 2:45pm Afternoon Tea - TR **3:00pm Music Concert with Gary Broderick - M** 	**13** 10:00am Singing Group with Natalie - CC 10:00am Virtual Reality Bike Tours with Kayla - VR **2:00pm Resident Memorial Service - C** 2:45pm Afternoon Tea - TR 3:15pm Mexican Train Game - L **6:30pm Pub Night with Paul Horton - CC** 	**14** *10:30-12:00 General Store Open (Behind Café)* 10:30am Java Music Club - EB 1:30pm I Love Lucy TV Show - AR 2:30pm Drum Fit - ER 2:45pm Afternoon Tea - TR 	**15** 9:30am Coffee and Baked Treats Social - TR *1:30-3:30 General Store Open (Behind Cafe)* 1:30pm Jeopardy - AR 2:45pm Afternoon Tea - TR

- AR - Activity Room
- BCY - Back Courtyard
- C - Chapel
- CC - Community Centre
- CC - Auditorium
- EB - Ellington Basement
- ER - Exercise Room
- L - Library
- M - Lounge - Main Lobby
- TR - Tea Room
- VR - Virtual Reality Room

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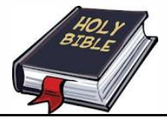
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:30am Creative Corner: Ice Cream Cone Painting - L 1:15pm Documentary: Our Universe - Ep. 3 - AR **2:30pm Chapel Service with Pastor Mike - C** 2:45pm Afternoon Tea - TR	**17** 9:15am Seated Exercise with Kayla - ER 10:30am Book Club - EB **11:00-12:00pm Bookmobile** 1:30pm Virtual Reality Bike tours with Kayla- VR 2:00pm Virtual Speaker Series: Fraud Prevention 2:30pm Scattergories - EB 2:45pm Afternoon Tea - TR 3:15pm Catholic Communion - AR	**18** 10:00am Virtual Men's Club Meeting - AR 2:00pm Resident Town Hall Meeting - AR 2:45pm Afternoon Tea - TR 3:00pm Bible Study - AR 	**19** 9:15am Seated Exercise with Kayla - ER **10:00am Holy Rosary Communion Mass - C** *12:30-3:30 General Store Open* 2:00pm Poetry with Michael - EB 2:45pm Afternoon Tea - TR	**20** 10:00am Singing Group with Natalie - CC 10:00am Virtual Reality Bike Tours with Kayla - VR **2:00pm July Birthday Party with Celebrity Productions - CC** 2:45pm Afternoon Tea - TR **5:30pm Swiss Chalet Supper Club (Sign up with Recreation) - CC**	**21** 9:30am Java Music Club - EB *10:30-12:00 General Store Open (Behind Café)* **11:00am Picnic in the Park Outing (Sign-up Required)** 2:00pm Bell Choir w/ Mairead - AR 2:30pm Drum Fit - ER 2:45pm Afternoon Tea - TR 3:15pm Bingo - TR	**22** 10:30am Balloon Volleyball (EB) *1:30-3:30 General Store Open (Behind Cafe)* 2:45pm Afternoon Tea - TR 3:00pm Music Appreciation (AR) - AR
23 10:15am Word Games- Word Connect - AR **2:30pm Chapel Service with Pastor Mike - C** 2:45pm Afternoon Tea - TR 	**24** 9:15am Seated Exercise with Kayla - ER 10:30am Name 6 - AR **11:00-12:00pm Bookmobile** 1:30pm Virtual Reality Bike tours with Kayla- VR **2:00-3:00 Small Wonders Therapy Horse Visit -** 2:45pm Afternoon Tea - TR 3:15pm Catholic Communion - AR	**25** 9:30am Coffee Time - TR 10:00am Virtual Men's Club Meeting - AR 10:30am Crosswords - AR **2:00pm Christmas in July Social with Jon Pebbles - CC** 2:45pm Afternoon Tea - TR 3:00pm Bible Study - AR 6:15pm 6:15 - 7:15 Ellington Exercise Room Assistance with Jamie - ER 	**26** 9:15am Seated Exercise with Kayla - ER 10:30am Smoothie Social - TR *12:30-3:30 General Store Open* 2:00pm Accordion with Gary - C 2:45pm Afternoon Tea - TR 3:15pm Ellington Exercise Room Assistance - ER 	**27** 9:00am Creative Colouring - L 10:00am Singing Group with Natalie - CC 10:00am Virtual Reality Bike Tours with Kayla - VR 1:15pm Bingo - TR 2:45pm Afternoon Tea - TR 3:00pm Outdoor Walks - BCY 	**28** **10:30-11:30 Connect Hearing Clinic (CC)** *10:30-12:00 General Store Open (Behind Café)* 10:30am Java Music Club - EB 2:30pm Drum Fit - ER 2:45pm Afternoon Tea - TR 3:15pm Popsicle Social - BCY 	**29** *1:30-3:30 General Store Open (Behind Cafe)* 1:30pm Afternoon Movie with Popcorn - AR 2:45pm Afternoon Tea - TR
30 10:30am Tim's & Hymns Sing - AR 2:45pm Afternoon Tea - TR 3:00pm Music Appreciation: Canadian Artists - AR	**31** 9:15am Seated Exercise with Kayla - ER 10:30am Book Club - EB **11:00-12:00pm Bookmobile** 1:30pm Virtual Reality Bike tours with Kayla- VR 2:00pm Euchre - L 2:45pm Afternoon Tea - TR 3:15pm Catholic Communion - AR	**Recreationist -** Michaela Durdle ext. 2232 mdurdle@elliottcommunity.org	**Recreation Supervisor-** Michelle Holland ext. 2366 mholland@elliottcommunity.org	**Chaplain** Pastor Mike Dell ext. 2248 chaplain@elliottcommunity.org		

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