








# ELLINGTON ACTIVITIES

# 2019 FEBRUARY

**Legend**  
 (AT) Community Centre Atrium/Cafe  
 (AA) Ellington Activity Area  
 (L) Library (TR) Tea Room  
 (FR) Fitness Room (C) Chapel  
 (CC) Community Centre  
 (GR) Games Room  
 Community Centre  
 (M) Main Lobby  
 (4) Nottingham

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Sign up for our monthly events/outings with Recreation staff. Transportation within Guelph \$6 &amp; \$10 Outside. All programs are subject to change. *Cancellation required 48hrs prior or subject to payment*</b></p> <ul style="list-style-type: none"> <li>➤ <u>Saturday February 2<sup>nd</sup> @11:30am Order in Lunch from the Works</u>            Sign up by: Friday February 1<sup>st</sup> <b>Cost:</b> Lunch \$</li> <li>➤ <u>Wednesday February 6<sup>th</sup> @ 8:00am Breakfast Club</u> Sign up by: Monday February 4<sup>th</sup>  <b>Cost:</b> Complimentary</li> <li>➤ <u>Saturday February 16<sup>th</sup> @10:00am Country Drive &amp; Tim Horton's</u>            Sign up by: Thursday February 14<sup>th</sup> <b>Cost:</b> \$10 Transportation</li> <li>➤ <u>Friday February 22<sup>nd</sup> @ 11:00am Lunch at Golden Fish &amp; Chips</u>            Sign up by: Wednesday February 20<sup>th</sup> <b>Cost:</b> \$6 Transportation + Spending \$</li> <li>➤ <u>Tuesday February 26<sup>th</sup> @5:00pm Chinese Supper Club</u> Sign up by: Sunday February 24<sup>th</sup>  <b>Cost:</b> \$15 Meal Includes: Egg Roll, Sweet &amp; Sour Chicken balls, Beef with Broccoli, Chicken Chop Suey &amp; Honey Garlic Sparerib <b>Dessert:</b> Ice Cream &amp; Fortune Cookie <b>Beverage:</b> Soft Drink **Alcohol +\$4**</li> </ul>				<p><b>Dir. of Recreation &amp; Volunteer Services:</b>  <b>Marta Braga Ext. 2227</b>  <b>Recreationists:</b>  <b>Michelle Holland Ext. 2366 (Ellington)</b>  <b>Tonya Botting, Ali Bott &amp; Katie Lammert Ext. 2232</b>  <b>Tracy Oliver Ext. 2496 (Nottingham &amp; Ret +)</b>  <b>Chaplain:</b>  <b>Pastor Mike Ext. 2248</b></p>	<p><b>1</b></p> <p>9:00 Reminiscing (L)            10:00 Exercises (AA)            11:00 Valentine Word Scrambles (L)            1:15 Pass the Parcel (L)            2:15 Travelogue to Western Norway (M)            2:45 Afternoon Tea (TR)            3:00-4:00 Fitness Room Exercises (FR)            3:00 Sit &amp; Knit (L)            4:00 Classical Piano with Theola (M)</p>	<p><b>2</b></p> <p><b>HAPPY GROUNDHOG DAY</b> </p> <p>9:00 Skip-Bo (TR)  <b>11:30 Order in Lunch: The Works (AT) (Sign Up)</b>  <b>2:00 Movie Matinee</b>  <b>Showing: "André Rieu. Life is beautiful Concert" (4)</b></p> 
<p><b>3</b></p> <p>9:00 Coffee Time (TR)            10:00 Catholic Communion (PD)  <b>2:00 Chapel Service with Pastor Mike (C)</b>  <b>2:45 Specialty Coffee Hour (AT)</b>  <b>\$4.00/coffee with alcohol</b>            2:45 Afternoon Tea (TR)</p> 	<p><b>4</b></p> <p>11:00 Bookmobile (Outside AT)            11:30 Word Mining (L)            1:15 Be the Judge (L)            2:15 Shuffleboard Bowling (AA)            2:45 Afternoon Tea (TR)            3:30 Guided Meditation (AA)            6:00-7:00 Fitness Room Exercises (FR)            6:30 Hymns with David (M)</p>	<p><b>5</b></p> <p>10:00 Creative Corner: Valentines Cards (L)            11:15 Trivia (L)            1:15 Name that Tune (L)            2:00 VON Physio Exercises (AA)            3:15 Pictionary (L)            2:45 Afternoon Tea (TR)            4:00 Classical Piano with Theola (M)  <b>6:15 5 Cent Bingo (AT)</b></p>	<p><b>6</b></p> <p><b>8:00 Breakfast Club (AT) (Sign Up)</b> </p> <p>10:00 Indoor Walks (Meet in M)            11:00 Crosswords (M)            1:45 Chef's Corner-Making Valentine cut out cookies (AA kitchen)            2:45 Afternoon Tea with chef's corner cookies (TR)</p>	<p><b>7</b></p> <p>9:00 Coffee Time (TR)            10:00 Exercises (AA)            10:45 Word Connect (M)  <b>2:00 Music with Gary (CC)</b>            2:45 Afternoon Tea (TR)            3:15 Bible Study (AA)            3:30-4:30 Fitness Room Exercises (FR)            4:00 Classical Piano with Theola (M)</p>	<p><b>8</b></p> <p>Zeke &amp; Pippi will be in to visit all day in the Private Dining Room! Make sure you come by to say hello!</p>  <p>2:45 Afternoon Tea (TR)            3:00-4:00 Fitness Room Exercises (FR)            4:00 Classical Piano with Theola (M)</p>	<p><b>9</b></p> <p>9:00 Skip-Bo (TR)  <b>10:00 U of G Friends &amp; Pets Visit (CC)</b>  <b>2:00 Movie Matinee</b>  <b>Showing: "Eat Pray Love" (4)</b></p>   2:45 Afternoon Tea (TR)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>10</b></p> <p>9:15 Coffee Time (TR) 10:00 Catholic Communion (PD) 11:00 Classical Music with Catherine (Nottingham) <b>2:00 Chapel Service with Church of the City (C)</b> <b>2:45 Specialty Coffee Hour (AT) \$4.00/coffee with alcohol</b> 2:45 Afternoon Tea (TR)</p>	<p><b>11</b></p> <p>9:15 Coffee Time (TR) 10:00 Exercises (AA) 10:00 Food Committee Meeting (AA) 11:00 Skip Bo (TR) 11:00 Bookmobile (Outside AT) <b>2:00 Cherry Hot Chocolate Sing Along &amp; Social (M)</b> 2:45 Afternoon Tea (TR) 3:30 Geography Bee (L) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p><b>12</b></p> <p>9:15 Who What Where (L) 9:45 Royal Bank Visit (PD) 10:30 VON Physio Exercises (AA) 11:15 Pictionary (L) <b>2:00 Hymns with Joy (M)</b> 2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M) <b>6:15 5 Cent Bingo (AT)</b></p>	<p><b>13</b></p> <p>10:00 Pass the Parcel (L) 11:15 Valentines Word Searches (L) <b>1:00 Blood Pressure Clinic (TR)</b> 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:15 Sit &amp; Knit (L)</p> 	<p><i>Happy Valentine's Day!</i> <b>14</b></p> <p><b>2:00 Sweethearts Tea with Keith Tobey (CC)</b> 3:30-4:30 Fitness Room Exercises (FR) 3:15 Bible Study (AA) 2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M) <b>6:15 5 Cent Bingo (AT)</b></p>	<p><b>15</b></p> <p><b>DOG DAY!</b> Arlo is visiting today!</p>  <p>2:45 Afternoon Tea (TR) 3:00-4:00 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)</p>	<p><b>16</b></p> <p>9:00 Skip-Bo (TR) <b>10:00 Morning Country Drive &amp; Tim Horton's (Sign Up)</b></p> <p><b>2:00 Movie Matinee Showing: "One Chance" (4)</b> 2:45 Afternoon Tea (TR)</p>
<p><b>17</b></p> <p>9:15 Coffee Time (TR) 10:00 Catholic Communion (PD) <b>2:00 Chapel Service with Priory Park Baptist (C)</b> <b>2:45 Specialty Coffee Hour (AT) \$4.00/coffee with alcohol</b> 2:45 Afternoon Tea (TR)</p>	 <p><b>18</b></p> <p><b>10:00 Family Day Photo Shoot (CC)</b> 11:00 Bookmobile (Outside AT) 1:30 Yahtzee (L) 2:45 Afternoon Tea (TR) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p><b>19</b></p> <p>9:30 Skip Bo (TR) 10:30 Sit &amp; Knit (L) 11:15 Name 6 (L) <b>10:30 St. Georges Anglican Church (C)</b> 1:15 Short Stories (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) <b>3:00 Resident Council Meeting (TR)</b> 4:00 Classical Piano with Theola (M) <b>6:45 Rotary Bingo (AT)</b></p>	<p><b>20</b></p> <p><b>10:00 Roman Catholic Mass (C)</b> <b>10:00-2:00 Soup Cook Off (CC)</b></p>  <p>2:45 Afternoon Tea (TR) 3:30 Guitar Music w/ Katie</p>	<p><b>21</b></p> <p>1:15 Artists Corner (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 4:00 Classical Piano with Theola (M) <b>6:30 Pub Night with Elvis (CC)</b></p> 	<p><b>22</b></p> <p><b>9-11 Hearing aid Clinic (CC)</b> 9:15 Coffee Time (TR) 10:00 Exercises (AA) <b>11:30 Lunch Outing to Golden Fish &amp; Chips (Sign Up)</b> 2:45 Afternoon Tea (TR) 2:30 Alphabet Challenge (L) 3:00-4:00 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)</p>	<p><b>23</b></p> <p>9:00 Skip-Bo (TR) 10:00 Cat Visits with Beth &amp; Petrie (PD) <b>2:00 Movie Matinee Showing: Forever My Girl (4)</b> 2:45 Afternoon Tea (TR)</p> 
<p><b>24</b></p> <p>9:00 Coffee Time (TR) 10:00 Catholic Communion (PD) 11:00 Classical Music with Catherine (Nottingham) <b>2:00 Chapel Service With Pastor Mike (C)</b> <b>2:45 Specialty Coffee Hour (AT) \$4.00/coffee with alcohol</b> 2:45 Afternoon Tea (TR)</p>	<p><b>25</b></p> <p>9:15 Coffee Time (TR) 10:15 Word Mining (L) 11:00 Bookmobile (Outside AT) 11:15 Reminiscing (L) 1:30 Shuffleboard Bowling (AA) 2:15 Guitar Music W. Katie 2:45 Afternoon Tea (TR) 3:30 Guided Relaxation (AA) 6:00-7:00 Fitness Room Exercises (FR)</p>	<p><b>26</b></p> <p>9:30 Crosswords (M) 10:30 VON Physio Exercises (AA) 11:15 Sing Along (M) <b>2:00 Voices of Praise Concert (CC)</b> 2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M) <b>5:00 Chinese Supper Club (AT)</b></p>	<p><b>27</b></p> <p>9:15 Coffee Time (TR) 10:00 Exercises (AA) 11:00 Trivia (L) <b>2:00 Birthday Party with John Pebble (CC)</b></p>  <p>3:45 Short Stories (L)</p>	<p><b>28</b></p> <p><b>10:00 Music and Rhythm Krystyna (M)</b> 11:15 VON Physio Exercises (AA) <b>2:00 Travel to the Caribbean (CC)</b> 2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 3:30-4:30 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)</p>	<p><b>On February 20th from 10:00-2:00</b> <b>The Recreation department is hosting our Third Annual Soup Cook-Off!!</b> <b>Staff, residents, and visitors can enjoy samples of homemade soup, and bun for \$7.00. Vote on Your favourite!</b> <b>Hope to see you there!!</b></p>   	