













3rd FLOOR LTC Health & Wellbeing Programming *2021*



- Legend**
 (P) 2nd Paisley Activity Room
 (E) 2nd Eramosa Activity Room
 (F) 3rd Fountain Activity Room
 (W) 3rd Wellington Activity Room
 (TV) Home Area T.V. Lounge
 (C) Chapel (CC) Community Centre
 (CF) Café (GR) Games Room (CC)
 (BCY) Back Courtyard/ Garden
 (4) Nottingham Activity Area 4th

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
<p>Morning Video Sermon with Pastor Mike (F)</p>  <p>Afternoon Video Sermon with Pastor Mike (W)</p> 	<p>Morning Snoezelen (W)</p>  <p>10:30-11 Morning Music Therapy with Mairead (F)</p> <p>Afternoon Pamper Me (F)</p> 	<p>Morning Poetry Reading (F)</p>  <p>Afternoon Wheel of Fortune (W)</p> 	<p>9:00 Resident Council (W)</p>  <p>11:15 Morning Music Therapy with Mairead (W)</p> <p>Afternoon Documentary: "Pacificum-Return to the Ocean" (F/W)</p> 	<p>Morning Hot Chocolate Social (W)</p>  <p>Afternoon Traveling Cart-Resident Council Election (F/W)</p> 	<p>Morning Bingo (W)</p>  <p>Afternoon Hot Chocolate & Sing-a-long (F)</p> 	<p><i>"Keep your face always toward the sunshine & shadows will fall behind you"</i></p> 