















3rd FLOOR LTC Health & Wellbeing Programming 2021



Legend
 (P) 2nd Paisley Activity Room
 (E) 2nd Eramosa Activity Room
 (F) 3rd Fountain Activity Room
 (W) 3rd Wellington Activity Room
 (TV) Home Area T.V. Lounge
 (C) Chapel (CC) Community Centre
 (CF) Café (GR) Games Room (CC)
 (BCY) Back Courtyard/ Garden
 (4) Nottingham Activity Area 4th

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p>  <p>Morning Tim's & Hymns! (F)</p>  <p>Afternoon Travelling Specialty Coffee Cart (P&W)</p> 	<p>3</p> <p>Different Shoes Day</p>  <p>Morning Iced Frappuccino Social (W)</p> <p>Morning Virtual Walkthrough at the NY Aquarium (F)</p>  <p>Morning Bookmobile</p> <p>Afternoon Strolls in the Courtyard (BCY)</p>	<p>4</p> <p>Morning Sing-a-long (F)</p>  <p>Morning Walks & Strolls (W/F)</p> <p>Afternoon Snoezelen (W)</p> <p>Afternoon Hand Massages (F)</p> 	<p>5</p>  <p>Morning Wheel of Fortune (W)</p> <p>Morning Music Therapy with Mairead (F)</p> <p>Afternoon Music Therapy with Mairead (W)</p> <p>Afternoon Traveling Cinco De Mayo (F/W)</p>  <p>Afternoon Finish the Line (F)</p>	<p>6</p> <p>9:30am-12:00pm General Store Open (Behind Café)</p>  <p>Morning Specialty Coffee Social (F)</p> <p>Afternoon Travelogue (F)</p> <p>Afternoon Walks & Strolls (W)</p> 	<p>7</p> <p>Morning Bingo (W)</p>  <p>Afternoon Mother's Day Social with Emeritus Now Concert (F)</p> 	<p>8</p> <p>Morning Seniors Connect (All Areas)</p>  <p>Afternoon Hot Chocolate Travelling Cart (W&F)</p> <p>Afternoon Movie Matinee (All Areas) Showing "Hope Springs"</p> 