

NOTTINGHAM & EDINBURGH

MAY

2021

Legend

- (CF) Café
- (C) Chapel
- (FR) Fitness Room
- (4) 4th Floor Activity Area
- (3) 3rd Floor Activity Area
- (BCY) Back Court Yard

Health & Wellbeing Programming

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
<p>10:30-Tim's & Hymn's Sing Along (4)</p>  <p>Afternoon-Walks & Strolls (weather permitting) (BCY)</p>	 <p>Different Shoe Day!</p> <p>9:30-HASfit Exercises (4)</p> <p>10:30- Wheel of Fortune (3)</p> <p>11:00-12:00 Bookmobile (Please see Recreation to sign up for books)</p> <p>2:00- Sing Along with Susie Q (3)</p> <p>3:00- Tea with Friends (4)</p>	<p>10:45-Walks & Strolls (Weather Permitting) (BCY)</p> <p>2:00-Specialty Coffee Social (3)</p> <p>3:00-Travelogue "25 Most Amazing Ancient Ruins of the World" (4)</p> <p>5:00-Supper Club Mary Browns Fried Chicken (3) **Limited Spaces please sign up**</p> 	 <p>9:30- HASfit Exercises (4)</p>  <p>10:30-Creative Colouring- Cinco De Mayo Theme (3)</p> <p>2:00- Trivia (3)</p> <p>2:45-Cinco De Mayo Socia (4)</p> 	<p>9:30-12:00 General Store open to Residents (Behind Café)</p>  <p>10:00- BINGO (4)</p> <p>2:00- Word Connect (3)</p> <p>3:00-Documentary- Wild Russia "The Hidden Kingdom" (4)</p> 	<p>10:00-Music & Rhythm with Krystyna (4)</p>  <p>1:30- Walks & Strolls (weather permitting) (BCY)</p> <p>2:45-Mothers Day Wine & Cheese Social (4)</p> 	<p>1:45- Movie Matinee Showing "Babe" (4)</p>  <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Director of Recreation & Volunteer Services: Marta Braga Ext. 2227</p> <p>Recreationists: Tracy Oliver Ext. 2496 (Nottingham & Edinburgh) Ali Bott, Nicole Gosse & Michaela Durdle Ext. 2232 Michelle Holland Ext. 2366 (Ellington) Chaplain: Pastor Mike Ext. 2248</p> </div>